

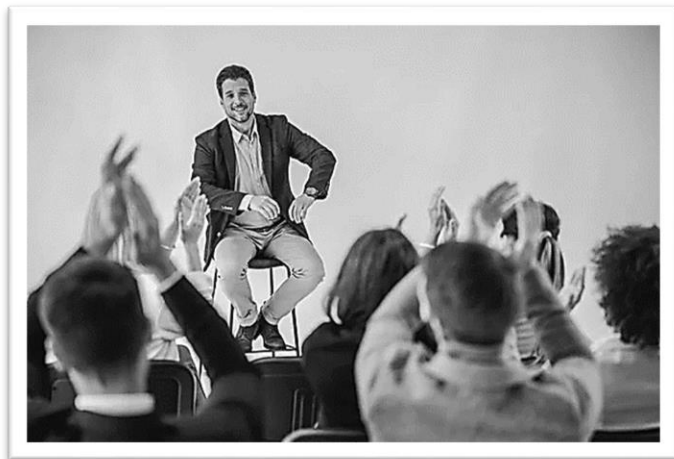
## 1. MONOLOGUE

## PIRMOJO POROS KANDIDATO

*Time:* 3–4 minutes

*Topic:* **Confidence: Inborn Quality or Learnt Skill?**

*Task:* Talk on the topic by doing the tasks below.



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- Describe the pictures by discussing their similarities and differences **in relation to** the topic.
- How does confidence influence success in different areas of life? Provide arguments to support your opinion.
- Some people say that confidence comes naturally and depends on personality, while others believe that it can be developed through experience and effort. Consider **both** opinions and explain your point of view.

➤ *Do you think social media has a positive or a negative influence on people's confidence? In what way?*

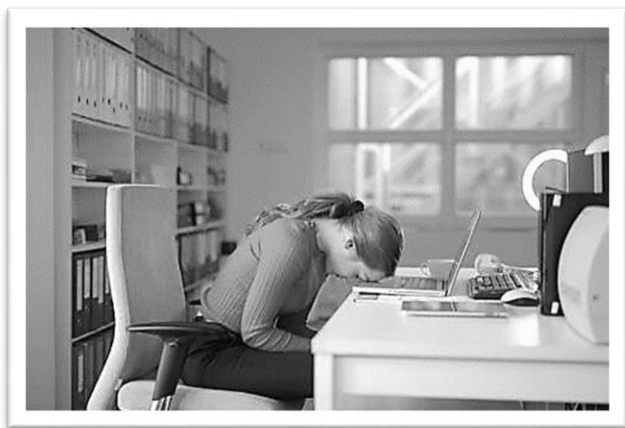
## 1. MONOLOGUE

## ANTROJO POROS KANDIDATO

**Time:** 3–4 minutes

**Topic:** **The Importance of Sleep**

**Task:** Talk on the topic by doing the tasks below.



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- Describe the pictures by discussing their similarities and differences **in relation to** the topic.
- How does a lack of sleep affect a person's physical and mental well-being? Provide arguments to support your opinion.
- Some people say modern life makes it hard to get enough sleep, while others think people just do not make sleep a priority. Consider **both** opinions and explain your point of view.

➤ *Do you think schools should start later to allow students to have more sleep? Why? / Why not?*

## 2. DIALOGUE

## KANDIDATŲ POROS

**Time:** 4–5 minutes

**Topic:** **Voting and democracy: should citizens be required by law to vote, or should voting be a personal choice?**

**Situation:** You and your partner are preparing for a critical thinking workshop on the topic above. Work together to plan your ideas and suggest a rational decision – your aim is to win votes for the most convincing arguments.

**Task:** During your talk, you should:

- consider why the issue matters,
- explore both sides of the topic,
- agree on a unified position, supporting it with clear reasoning.

*Candidate 1 starts the conversation.*